

EMENTA/MENU

Monday: 29/04/2024

MEAT:	<i>Roasted Pork tenderloin flavoured with rosemary</i>
FISH:	<i>Grilled Red Fish with Sauteed Potatoes</i>
VEGETARIAN:	<i>Tofu Fillets with Russian Salad</i>
DIET:	<i>Grilled Beef With boiled potatoes</i>
SOUP:	<i>Cauliflower soup</i>

Tuesday: 30/04/2024

MEAT:	<i>Stewed Veal Tranches with carrots and peas</i>
FISH:	<i>Roasted Hake with Potatoes</i>
VEGETARIAN:	<i>Garnished Vegetarian Quiche</i>
DIET:	<i>Natural Roasted Whitefish</i>
SOUP:	<i>Spinach soup</i>

Wednesday: 01/05/2024

MEAT:	
FISH:	<i>CLOSED</i>
VEGETARIAN:	
DIET:	
SOUP:	

Thursday: 02/05/2024

MEAT:	<i>Grilled Chicken with Spicy Sauce</i>
FISH:	<i>Mackarel Fillet with Rice</i>
VEGETARIAN:	<i>Kiev Seitan</i>
DIET:	<i>Boiled Chicken and Vegetables</i>
SOUP:	<i>Julian soup</i>

Friday: 03/05/2024

MEAT:	<i>Breaded Pork Chops</i>
FISH:	<i>“à Brás” Fish</i>
VEGETARIAN:	<i>Lentils Stew with rice</i>
DIET:	<i>Grilled Mackarel With boiled potatoes</i>
SOUP:	<i>Cream soup vegetables</i>

Notes:

This menu can be changed due to the wholesale market

The diet should be checked the day before or on the day until 10.00 a.m.

Any customer with an allergy or food intolerance should contact a Multirest worker and ask to consult the technical data sheets of the products in order to safeguard the absence of the allergen in the dish