



“FOOD AND NUTRITION: A KNOWLEDGE IN MOTION”

Dr. Emilio Peres

CLINICAL NUTRITION

Target: Graduates and health professionals | **Duration:** 6 Semesters | 180 ECTS | **Academic Degree:** Doctor in Clinical Nutrition

FOOD CONSUMPTION AND NUTRITION SCIENCES

FCNAUP (main), FCUP

Target: Graduates and professionals with an interest in the area of food consumption and nutrition | **Duration:** 6 Semesters | 180 ECTS | **Academic Degree:** Doctor in Food Consumption and Nutrition Sciences

GERONTOLOGY AND GERIATRICS

Duration: 6 Semesters | 180 ECTS | **Academic Degree:** Doctor in Gerontology or Doctor in Geriatrics

DOCTORAL PROGRAM IN OCCUPATIONAL SAFETY AND HEALTH

Duration: 6 Semesters | 180 ECTS | **Academic Degree:** Doctor in Occupational Safety and Health

DOCTOR'S DEGREE IN FOOD SCIENCE AND TECHNOLOGY AND NUTRITION

Duration: 8 Semesters | 240 ECTS | **Academic Degree:** Doctor in Food Science and Technology and nutrition.

JOINT COURSES WITH OTHER FACULTIES OF U.PORTO
AND OTHER HIGHER INSTITUTIONS

OPEN TRAINING COURSE

Courses that do not award credit or submitted to evaluation, open to the general community. They award a certificate of attendance.

CONTINUING TRAINING UNITS AND COURSES

Accredited unit and courses (ECTS), submitted to evaluation and open to specific populations. They award a certificate of completion of curricular units with a classification and ECTS.

SINGLE CURRICULAR UNITS

Course units of the Bachelor's and Master's degrees open for attendance with credit award. They award a certificate of completion of a curricular unit, with classification and ECTS.

SPECIALIZATION COURSES

Postgraduate courses that do not award a degree. They award a non-degree course certificate, with classification and ECTS.

FCNAUP is a training entity registered with at the CCPFC. Training for Teachers of Basic and Secondary Education.

ADDITIONAL INFORMATION:

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FACULDADE DE CIÊNCIAS DA NUTRIÇÃO E ALIMENTAÇÃO
DA UNIVERSIDADE DO PORTO

FACULTY OF NUTRITION AND FOOD SCIENCES UNIVERSITY OF PORTO

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EDUCATIONAL OFFER

U. PORTO

FACULDADE DE CIÊNCIAS DA NUTRIÇÃO E ALIMENTAÇÃO
UNIVERSIDADE DO PORTO

1st YEAR

1st SEMESTER

Human Anatomy I
Food Consumption Assessment
Biostatistics I
Cellular and Molecular Biology
Biochemistry
History of food
Assessment of the Nutritional Status of Populations

2nd SEMESTER

Human Anatomy II
Metabolism Biochemistry
Nutrition Science Communication
Physiology I
Gastrotechnics
Histology

2nd YEAR

1st SEMESTER

Assessment of the Nutritional Status of Individuals
Physiology II
Metabolic Integration and Regulation
Basic Microbiology
Human Nutrition

2nd SEMESTER

Human and Nutrition
Food Composition
Genetics
Immunology
Food Microbiology
Nutrition and Physical Exercise

3rd YEAR

1st SEMESTER

Food for Athletes
Bromatology
Pharmacodynamics
Public Health Nutrition
Food Technology and Innovation
Food Toxicology and Risk Assessment

2nd SEMESTER

Catering and Management
Biostatistics II
Epidemiology
Pathology and Dietotherapy I
Psychology and Eating Behavior
Food Safety

4th YEAR

1st SEMESTER

Community Nutrition Intervention
Food Marketing
Paediatric Nutrition
Pathology and Dietotherapy II
Nutritional Policy
Food Quality
U.Porto Option and/or Personal Development/Transversal Competences

2nd SEMESTER

Internship

Duration: 8 semesters | 240 ECTS
Academic Degree: Degree in Nutritional Sciences
Academic internship within professional context



FOOD SERVICE MANAGEMENT

Target: Graduates and professionals with an interest in the area of Food Safety and Quality in Food Services| **Duration:** 4 Semesters | 120 ECTS | **Academic Degree:** Master in Food Service Management

CLINICAL NUTRITION

Target: Graduates and health professionals| **Duration:** 4 Semesters | 120 ECTS| **Academic Degree:** Master in Clinical Nutrition

GASTRONOMIC SCIENCES

FCNAUP (main), IPP

Target: Graduates and professionals with interest in Gastronomic Sciences| **Duration:** 4 Semesters | 120 ECTS | **Academic Degree:** Master in Gastronomic Sciences

COMMUNITY NUTRITION AND PUBLIC HEALTH

FCNAUP (main), FMUP, ICBAS

Target: Graduates and professionals with interest in the field of Community Nutrition and Public Health| **Duration:** 4 Semesters | 120 ECTS | **Academic Degree:** Master in Community Nutrition and Public Health

PAEDIATRIC NUTRITION

FCNAUP (main), FMUP, ESEP

Target: Graduates and professionals with interest in the field of Pediatric Nutrition| **Duration:** 4 Semesters | 120 ECTS | **Academic Degree:** Master in Paediatric Nutrition

NUTRITION EDUCATION

FCNAUP (main), FPCEUP

Target: Graduates and professionals in Health Sciences and Education Sciences| **Duration:** 4 Semesters | 120 ECTS | **Academic Degree:** Master in Nutrition Education

CONSUMER SCIENCES AND NUTRITION

FCUP (main), FCNAUP

Target: Graduates and professionals with interest and responsibility in the area of Food Consumption and Nutrition| **Duration:** 4 Semesters | 120 ECTS | **Academic Degree:** Master in Consumer Sciences and Nutrition

ACADEMIC AND CLINICAL EDUCATION

FMUP (main), FCNAUP, DESC, FADEUP, FFUP, FMDUP, FPCEUP, ICBAS

Target: Graduates and professionals with an interest in the area of Academic and Clinical Education| **Duration:** 4 Semesters | 120 ECTS | **Academic Degree:** Master in Academic and Clinical Education

JOINT COURSES WITH OTHER FACULTIES OF U.PORTO