

WHAT TO DO IF YOU HAD CLOSE CONTACT WITH A CONFIRMED CASE OF COVID-19

Practice respiratory hygiene / cough etiquette and:

- Monitor yourself for symptoms (cough, fever or difficulty breathing). Take your temperature twice a day (before going to the University and after getting home) and register the values for further evaluation;
- Self-isolate at home for 14 days when advised to do so by health authorities. Notify your academic adviser or your employer as soon as possible.;
- Call the Healthcare Hot Line SNS24 (808 24 24 24) as soon as possible to inform that you've been in contact with someone who has been diagnosed with COVID-19. If you (or people around you) experience symptoms, such as cough, fever or difficulty breathing, reduce social contacts and call SNS24 (808 24 24 24) before visiting any health services.

